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Enrolling In Confidence: How To Live The Lifestyle You Want In College



Synopsis

This book is dedicated to every student who is looking to live a great lifestyle in college, along with finding their main purpose in life. Sabah share's her experiences throughout her college career with tips that can be related to any career field. Brandon T. Adams, founder at Live to Grind and T.V. co-host & executive producer at Ambitious Adventures wrote the foreword for this book as he has been a big part of Sabah's college journey. The purpose is for students to recognize the key factors that will help them in their four years of schooling.

What You Will Learn:

- How to develop your own morning ritual.
- Choosing which opportunities to go for in college.
- Creating meaningful connections by networking.
- Why physical and mental health is important.
- What it means to invest in yourself.
- How to prioritize your days out using time management.
- Finding your passion and why in life.

Each chapter in this book builds up to the last chapter named Confidence. This story driven book will allow you to relate your life with the experiences that Sabah has shared to create a meaningful life in college.

Book Information

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Customer Reviews

I used to teach high school (5 years) and community college level Psychology (7 years+)...so I really love to see when students actually experiencing a certain level of life sharing their lessons learned so that peers (and kids a few years behind) can learn from someone they can truly relate to. There's nothing like someone going through something real-time sharing important take aways and advice. That is what this book is and accomplishes so well. Sabah is a successful college student who is also pursuing her dreams as an entrepreneur. All high school and college age students should read and learn from this! Great job, Sabah. :)

This book gives college students the insight they need to go after the things they really want in life and pursue a career that is fulfilling for them. The experiences Sabah has had in college have allowed her to achieve many things while still in college and she shares everything she has done and how you can do it for yourself. I love the story about how she went to the class presentation she didn't want to go to, but it changed her life and led to a internship of her dreams. Love this!!

Five stars! Great job Sabah

Excellent book to jumpstart one's adventure through college. Great job Sabah!

Great job Sabah!

Can't wait to read this book. I've been waiting for the release since I've heard about it through a friend.

I am so excited to read this!!!! Been waiting forever and now I finally have my paws on a copy! ã Å Å ¨ Å “

Good job Sabah!! :D

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